



Syllabus

BI0963.1 —, 10.0 credits

Livsstil & hälsa - med fokus på sömn, fysisk aktivitet och mat för barn och ungdomar

Version 1 in Slukurs. Corresponds to version 1 in Ladok

Syllabus approved

2 June 2008

The version applies to students admitted from spring 2008

The version is not a module version

Subjects

Biology/Food science

Education cycle

First cycle

Modules

Title	Code	Credits
Single module	0101	10.0

Advanced study in the main field

First cycle, has only upper-secondary level entry requirements (G1N)

Grading scale

Pass / Failed

The requirements for attaining different grades are described in the course assessment criteria which are contained in a supplement to the course syllabus. Current information on assessment criteria shall be made available at the start of the course.

Language

Swedish

Prior knowledge

Knowledge equivalent to general requirements for higher education

Objectives

After completing the course, the student will be able to:

- orally and written explain the concept of health
- describe the scientific correlation between childrens and young peoples sleep, physical activity and food
- describe and evaluate the health situation among children and young people they meet in their profession as well as parents
- give example of and discuss methods that motivates children and young people to adapt to good habits of life

Content

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Implementation

Lectures approx. 25 h (compulsory)

Exercises approx. 15 h (compulsory)

Literature studies approx. 30 h

Assignments approx. 20 h (compulsory)

Self studies approx. 180 tim

Sum approx. 270 h

Examination**Requirements for examination**

Oral and written examinations and written asignments

Approved oral and written examinations, and approved written assignments. Approved compulsory course elements

- If the student fails a test, the examiner may give the student a supplementary assignment, provided this is possible and there is reason to do so.
- If the student has been granted special educational support because of a disability, the examiner has the right to offer the student an adapted test, or provide an alternative assessment.
- If changes are made to this course syllabus, or if the course is closed, SLU shall decide on transitional rules for examination of students admitted under this syllabus but who have not yet passed the course.
- For the examination of a degree project (independent project), the examiner may also allow the student to add supplemental information after the deadline. For more information on this, please refer to the regulations for education at Bachelor's and Master's level.

Additional information

- The right to take part in teaching and/or supervision only applies to the course date to which the student has been admitted and registered on.
- If there are special reasons, the student may take part in course components that require compulsory attendance at a later date. For more information on this, please refer to the regulations for education at Bachelor's and Master's level.

Responsible department

Department of Molecular Sciences

Supplementary Information

Finalized by: Grundutbildningsnämnden, Fakulteten för naturresurser och lantbruksvetenskap

Biology Area: Other Biology Courses